



**NZ TELEHEALTH**  
FORUM & RESOURCE CENTRE

YOU'RE INVITED TO A TELEHEALTH WEBINAR:

# Zoom Zoom Zap

**WEDNESDAY 4 AUGUST 7PM-8PM**



**MODERATOR:**  
**Dr Liz Berryman**

It has been more than 12 months since the pandemic came into our lives and disrupted everything we know about delivering quality healthcare. Telehealth took the world stage to help health professionals reach patients efficiently and although there are undeniable advantages, burnout is an all too familiar story in the health sector.

Prolonged virtual gaze inevitably contributes to exhaustion at the end of a long day, and with patients on the other side of the virtual connection counting on you to provide care, it is time to address the very real issue of telehealth fatigue and mental and physical depletion.

Join us for this insightful webinar where panellists will share experiences and identify and explore practical ways to overcome fatigue, discuss new science, as well as talk about their favourite things about using telehealth.

#### **MODERATORS:**

**Dr Liz Berryman**      CEO and founder, chnml Ltd

#### **PANELLISTS**

**Dr Natalia Zuleta**      Consultant Emergency Physician, WACHS  
Emergency Telehealth Service

**Alex Kemp**      Chief Allied Professions Officer, Allied Health  
Scientific and Technical, Whanganui DHB

**Miriam Wood**      Consultant Psychologist,  
Miriam Wood Psychology

**Dr Karl Cole**      Chief Clinical Information Officer,  
Health Alliance

## **REGISTRATIONS REQUIRED**

Please use the following link: [telehealth.org.nz/zoomzoomzap](https://telehealth.org.nz/zoomzoomzap)

